

# Drug and Alcohol Recovery Hub Drop-ins

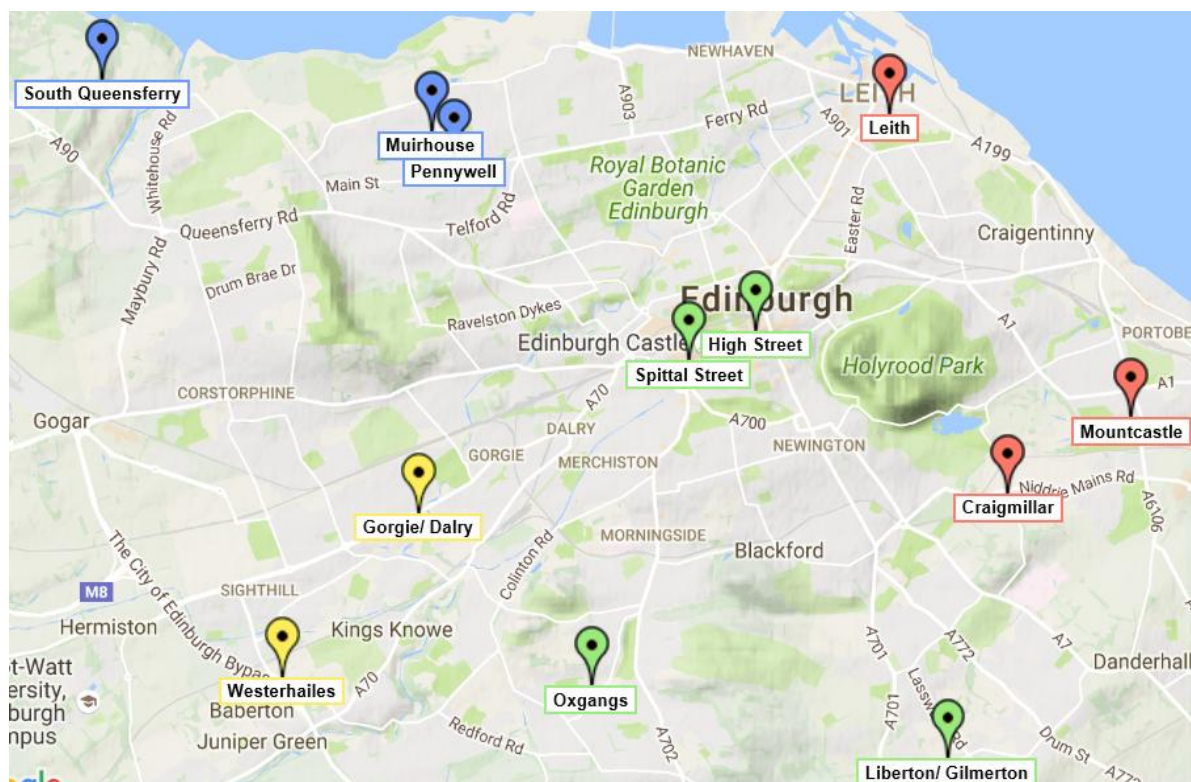
Recovery Hubs are one – stop shops offering a full range of drug and alcohol treatment and support services. Each is run by a team of voluntary sector, NHS and social work staff.





Accessing the hubs is easy. If you can, we recommend that you come to a drop in session where the worker will listen, give advice and options including a recovery plan with you. If you agree a plan with them, they will organise the next steps.

The service is confidential. If you want to know more about how we manage privacy, please contact the hub by phone (see numbers below).

All Drop-ins are open to people who live in any area of the city. If you cannot come to any of them or you want more information before coming, please call.

We offer a choice of male or female workers wherever possible.



Hub	Drop in	Location	Monday	Tuesday	Wednesday	Thursday	Friday
 <b>North East Edinburgh</b> (0131 554 7516)	<b>Leith</b>	North East Recovery hub, 5 Links Place, EH6 7EZ	10am – 4pm	10am – 7pm	12:30pm – 4pm	10am – 4pm	10am – 1pm
	<b>Craigmillar</b>	East Neighbourhood Centre, 101 Niddrie Mains Rd, EH16 4DS	10am- 3pm				
	<b>Portabello</b>	Mountcastle Healthcare Centre , 132 Mountcastle Drive, EH15 3LL				1pm -4 pm	
 <b>South East Edinburgh</b> (0131 661 5294)	<b>The High Street</b>	The Advice Shop, 249 The High Street, EH1 1YJ	12pm -4pm				
	<b>Spittal Street</b>	Spittal Street Centre, 22 - 24 Spittal Street, EH3 9DU			9am -12pm		
	<b>Oxgangs</b>	Dunedin Canmore offices, 10 Firhill Neuk, EH13 9FF					9am -12pm
	<b>Liberton/ Gilmerton</b>	South Neighbourhood office, 40, Captain's road, EH17 8QF		12pm - 4pm		12pm - 4pm	
 <b>North West Edinburgh</b> (0131 332 2314)	<b>Muirhouse</b>	North West Recovery hub, 10 Pennywell Court, EH4 4TZ	1 pm - 4pm	1 pm - 4pm		1 pm - 4pm	1 pm - 4pm
	<b>Pennywell</b>	Pennywell Resource Centre, 31-33 Pennywell Road, EH4 4PJ			12.30 pm - 3.30pm		
	<b>South Queensferry</b>	South Queensferry Medical Practice, 41 The Loan, EH30 9HA					9am -1pm
 <b>South West Edinburgh</b> (0131 453 9406)	<b>Gorgie/ Dalry</b>	ELS House, 555 Gorgie Road, EH11 3LE	12pm -4pm				12pm - 4pm
	<b>Westerhailes</b>	Westerhailes Healthy Living Centre, 32 Harvesters Way, EH14 3JF		12pm- 4pm	12pm- 4pm	12pm- 4pm	

## Other sources of support for drugs and alcohol problems

- For Information about injecting, harm reduction, Naloxone or blood borne viruses, contact the Harm Reduction Team (0131 537 8300)
- Counselling and psychological Therapy services are available for people whose addiction is driven by emotional issues and which they are ready to look at. For further information, contact ELCA (0131 337 8188)
- Support for adult family and friends affected by someone else’s drug or alcohol use is offered by VOCAL Family Support addictions Service: Phone: 0131 622 6262 E-mail: fsa@vocal.org.uk
- Making contact with others in recovery from addiction can provide hope and strength. The Addiction Recovery Companion -Edinburgh app provides a full list of recovery events and meetings in Edinburgh along with information and tools to help you organise your life and keep motivated. It can be downloaded from <http://arcapp.co.uk/>

